Product Name	Cereal (gluten)	Crustaceans	Molluscs	Eggs	Fish	Soy	Milk	Celery	Mustard	Sesame	Sulphites	Lupin	Peanuts	Nuts
Crunch														
California crunch roll	x (barley, wheat)	x		x	x	x			x	x				
Cripsy crunch roll	x (barley, wheat)	x		x		x			x	x				
Veg crunch roll	x (barley, wheat)			x		x			x	x				
Salmon crunch roll	x (barley, wheat)			x	x	x			x	x				
Spicy salmon crunch roll	x (barley, wheat)			x	x	x			x	x				
Tuna crunch roll	x (barley, wheat)			x	x	x			x	x				
Chicken Katsu Crunch	x (barley, wheat)			x		x			x	x				
Futomaki														
Eel fish futomaki	x (wheat)				x	x			x (dipping sauce)					
Prawn katsu futomaki	x (wheat)	x				x			x (dipping sauce)					
Salmon avocado futomaki	x (wheat)				x	x			x (dipping sauce)					
Smoked Salmon Open Roll	x (wheat)	x			x		x		x (dipping sauce)	x	x			
Hosomaki														
Avocado maki	x (barley, wheat)					x (dipping sauce)			x (dipping sauce)					
Kappa maki	x (barley, wheat)					x (dipping sauce)			x (dipping sauce)					
Salmon maki	x (barley, wheat)				x	x (dipping sauce)			x (dipping sauce)					
Poke Bowl														
Large salmon poke bowl	x (wheat)				x	x			x	x				
Large tuna poke bowl	x (wheat)				x	x			x	x				
Large vegetable poke bowl	x (wheat)					x			x	x				
Large Chicken poke bowl	x (wheat)					x			x	x				
Hot Meals														
Miso soup	x				x	x	x			x				
Crispy gyoza chicken	x (wheat)			x		x				x				
Prawn katsu	x (barley, wheat)	x		x		x			x	x				
Cripsy gyoza vegetable	x (wheat)					x				x				
Veggie spring roll	x (wheat)					x				x				
Pumpkin katsu curry rice	x (wheat)					x				x				
Octopus balls	x (wheat)		x			x								
Vegetable stir fired noodles	x (wheat)					x				x				
Sweet chilli chicken	x (wheat)									x				
Black pepper chicken	x (wheat)					x				x				
Chicken stir fried noodles	x (wheat)			x		x				x				
Teriyaki chicken rice	x (wheat)					x				x				
Prawn katsu curry rice	x (wheat)	x				x				x				
Chicken katsu curry rice	x (wheat)					x				x				
Chicken Karaage	x (wheat)			x		x			x	x				
Teriyaki salmon rice	x (wheat)				x	x				x				
Yasai Tempura	x (wheat)					x				x				
Spicy Edamame	x (wheat)					x				x				
Chicken Katsu	x (wheat)			x		x			x	x				
Yakitori	x (wheat)					x				x				
Yaki Udon Tofu	x (wheat)					x				x				
Yaki Udon Chicken	x (wheat)					x				x				
Egg Stir Fried Rice	x (wheat)		x	x		x				x	x			
Chciken Stir Fried Rice	x (wheat)		x	x	x	x				x	x			
Shrimp Gyoza	x (wheat)	x				x				x				
Crispy Wings	x (wheat)					x				x				
Chilli Orange Wings	x (wheat)					x	x		x	x	x			
Honey Mustard Wings	x (wheat)					x				x	x			
Nigiri														
Inari	x				x	x			x (dipping sauce)	x				
Salmon	x (wheat, dipping sauce)				x	x (dipping sauce)			x (dipping sauce)					
Shake Yaki salmon	x (wheat)				x	x			x (dipping sauce)					
Eel	x (wheat)				x	x			x (dipping sauce)					
Tuna	x (wheat, dipping sauce)				x	x (dipping sauce)			x (dipping sauce)					
Ebi	x (wheat, dipping sauce)	x				x (dipping sauce)			x (dipping sauce)					
Torched Seabass	x (Wheat)				x	x				x				
Smoked Salmon Nigiri	x (Wheat)				x		x				x			
Sashimi														
Salmon sashimi	x (wheat, dipping sauce)				x	x (dipping sauce)			x (dipping sauce)					
Tuna sashimi	x (wheat, dipping sauce)				x	x (dipping sauce)			x (dipping sauce)					
Sashimi mix	x (wheat, dipping sauce)				x	x (dipping sauce)			x (dipping sauce)					
Tataki														
Salmon tataki	x (wheat, dipping sauce)				x	x			x	x				
Tuna tataki	x (wheat, dipping sauce)				x	x			x	x				
Uramaki														
Green roll	x (wheat, dipping sauce)			x		x (dipping sauce)			x (dipping sauce)					
Crispy ebi roll	x	x				x			x (dipping sauce)	x				
California roll	x	x		x	x	x			x					
Salmon avocado	x				x	x (dipping sauce)			x (dipping sauce)					
Spicy tuna roll	x			x	x	x			x	x				
Spicy salmon roll	x			x	x	x			x	x				
Chicken Katsu Uramaki	x			x		x			x	x				
Kaburi														
Shake aburi roll	x (barley, wheat)			x	x	x			x	x				
Ebi panko roll	x (barley, wheat)	x		x	x	x			x	x				
New York subway roll	x (barley, wheat)	x		x	x	x			x					
Salmon avocado eel	x (wheat)				x	x			x (dipping sauce)					
Red dragon roll	x (wheat)	x			x	x			x (dipping sauce)					
Truffle Seared Seabass Roll	x (Wheat)	x		x	x	x			x	x	x			
Salads														
Edamame salad						x								
Seaweed salad	x (wheat)					x				x				
Extras / Sauces														
Curry sauce	x (wheat)					x								
Sweet chilli sauce														
Spicy mayo sauce	x (barley, wheat)			x		x			x	x				
Yuzu Koshu Maayo	x (barley, wheat)			x					x		x			
Terriyaki sauce	x (barley, wheat)					x								
Soy sauce	x (wheat)					x								
Curry Mayo	x (barley, wheat)			x		x			x					
Ginger														
Plain rice														
Sharing platter														
Box for 2	x (barley, wheat)	x		x	x	x			x	x				
Dragon platters	x (barley, wheat)	x		x	x	x			x	x				
Platter oishi box	x (barley, wheat)	x		x	x	x			x	x				
Desserts														
Strawberry cheesecake mochi						x	x							
Mango cheesecake mochi						x	x							
Raspberry & white chocholate						x	x							
Chocolate ganache mochi						x	x							
Chocolate Dorayaki	x (wheat)			x		x	x							
Custard Cream Dorayaki	x			x			x							
Chocolate Mousse & Miso Caramel	x					x	x							
Mango, Yuzu & Passion Fruit Cheese	x			x			x							
Bao Buns														
Vegetable Tempura	x (wheat)					x		x	x	x	x			
Chicken Katsu	x (wheat)			x		x		x	x	x	x			
Crispy Prawn	x (wheat)	x		x		x		x	x	x	x			
Spicy Korean	x (wheat)			x		x		x	x	x	x			
Ramen														
Market Mushroom	x (wheat)			x		x				x				
Tokyo	x (wheat)			x		x				x				
Chicken Katsu Curry	x (wheat)			x		x				x				
Sando														
Chicken Katsu Sando	x (Wheat)	x		x	x	x	x		x		x			
Pumpkin Katsu Sando	x (Wheat)	x		x	x	x	x		x		x			
Prawn Katsu Sando	x (Wheat)	x		x	x	x	x		x		x			